



PRE-OPERATIVE INSTRUCTIONS

Week before surgery:

- Do not take Aspirin or Aspirin like drugs (ex: Advil, Motrin, etc.)
- No smoking
- If having General Anesthesia, please arrange for transportation to and from surgery, you will not be able to drive yourself. Please have your driver wait in the reception room during your surgery.

Day before surgery:

- **If having General Anesthesia, you may not have anything to eat or drink (including water) 8 hours prior to your scheduled appointment time.** If currently taking daily medications you may have a sip of water unless otherwise instructed.
- Importance of cleanliness:
 - a) Bathe prior to surgery with particular attention to the head, neck and facial areas
 - b) Be clean shaven, cleanse beard and/or mustache (if applicable)
 - c) No dark nail polish or metallic colors on fingernails

Day of Surgery:

- **Wear short sleeves and loose clothing for easy accessibility to upper arms**
- Do not wear contact lenses
- No facial make-up or jewelry
- Brush your teeth and use mouthwash
- Arrive 15 minutes prior to your scheduled appointment

Your surgical procedure is scheduled for _____ at _____

If you have any questions prior to surgery, please call the office.

